Altrenogest

Regumate® is another name for this medication.

How Is This Medication Useful?
- Altrenogest is a hormone that is given to horses to keep them from cycling or if they are already pregnant, to keep them from losing the foal.

Are There Conditions or Times When Its Use Might Cause More Harm Than Good?
- Altrenogest should not be used in horses that are intended for human food.
- Although it is rarely used in dogs, it may be used to increase the fertility of female dogs. It may cause a condition called pyometra (infected uterus). If your dog has a fever (103°-104°F) while on altrenogest, you should contact your veterinarian immediately.
- Altrenogest should not be used in animals with an infected uterus.
- Altrenogest can also disrupt the hormonal cycles of human females. It may stop the effectiveness of birth control pills. If you are a female, you should wear nitrile gloves while handling this medication. If you spill it on yourself, you should call your gynecologist.
- The manufacturer of altrenogest recommends that certain persons not handle this product:
  - Women who are pregnant or may be pregnant
  - Anyone with blood clots or a history of blood clot
  - Anyone with hardening of the arteries or a history of stroke
  - Women with breast cancer or a history of breast cancer
  - Women with estrogen dependent cancerous tumors
  - Women with undiagnosed vaginal bleeding
  - Women who had tumors that developed while taking estrogens or oral contraceptives.
- If you or your animal has any of the above conditions, talk to your veterinarian about the potential risks of using the medication versus the benefits that it might have.

What Side Effects Can Be Seen With Its Use?
- When used appropriately there are usually few side effects seen in horses.
- Changes in blood calcium or potassium are possible.
- Increases in enzymes (AST and alkaline phosphatase) that can be released when liver damage occurs have been seen.
- Mares who have chronic uterine infections may have those infections get worse if treated with altrenogest.

How Should It Be Given?
- The successful outcome of your animal’s treatment with this medication depends upon your commitment and ability to administer it exactly as the veterinarian has prescribed. Please do not skip doses or stop giving the medication. If you have difficulty giving doses consult your veterinarian or pharmacist who can offer administration techniques or change the dosage form to a type of medication that may be more acceptable to you and your animal.
- If you miss a dose of this medication you should give it as soon as you remember it, but if it is within a few hours of the regularly scheduled dose, wait and give it at the regular time. Do not double a dose as this can be toxic to your pet.
- Some other drugs can interact with this medication so tell your veterinarian about any drugs or foods that you currently give your animal. Do not give new foods or medications without first asking your veterinarian.
- Dogs and Cats: Altrenogest is rarely given to dogs, but may be used in female dogs that have fertility problems.
- Horses: Horses usually receive altrenogest orally once daily mixed in the feed.

What Other Information Is Important About This Medication?
- Altrenogest should be stored in a tight, light resistant, childproof container away from all children and other household pets.
- It is not supplied in a child-resistant bottle and frequently drips down the side when removing a dose. You should always wear gloves when handling this medication. As this is a very oily drug, lots of detergent and water may be required for clean up.