From June 24th, 2014 to September 12, 2014 I had the privilege of being an intern with the City of Fort Collins Department of Risk Management. Like most students, I was a little intimidated about doing the Senior Capstone Internship. I couldn’t imagine any scenario where I would actually enjoy doing the 300 required hours of work. Having just finished my internship though, I can safely say that I now can’t imagine having done my internship anywhere else.

Some of the different things I was exposed to were noise sampling, radon testing, ergonomic assessments, wastewater treatment, water treatment, road construction projects, West Nile Virus education/outreach, Police leadership, Fire authority procedure/safety, worker’s compensation and liability claims. It is safe to say there was never a dull moment, and there was always something new to learn.

As someone with a notoriously short attention span and never-ending curiosity, I am so grateful for the opportunity to participate in so many different things. Everyday provided something new, something different and no two days were ever alike.
As amazing as the opportunities were, the real thing that made the internship so great was the people I worked with. The small office included Kirstie Smith, Lance Murray, Bethany Mosbey, Jane Johnson and Jane Stanislaw. I cannot say enough good things about this group of people. They will go out of their way to make their intern feel comfortable and confident with anything they are doing. I was treated as an equal member of the group and never felt out of place or looked down upon.

This was honestly, not only the best internship I could ever have asked for; but one of the best experiences I have ever had. I was always learning and surrounded by laughter and smiling faces. I not only walk away from the internship with a mountain of new skills and confidence but as a better person as well.