During the spring 2016 semester I worked at the University of Northern Colorado in Greeley, CO. Let me tell you this is a dream internship! If you are looking for an internship that spans all of the Environmental Health topics that we learn in our degree then this would be the internship for you. The small Environmental Health & Safety team here at UNC is amazing and are some of the best mentors a student could ask for. They care about what you want to learn and try to give you exposure to everything they deal with here at UNC. If you have interests in a particular area of environmental health they make it a priority to try to get you exposed to that interest.

The first part of my time at UNC was spent making an Environmental Health & Safety newsletter that goes out across campus four times a year. The topics that I wrote about included safety/fire focus, health and wellness, and environmental matters. I personally had never written a newsletter before and it was great experience!

While working on the newsletter there were so many other opportunities for exposure in all fields of environmental health. For the first time this year UNC hosted the MMA Championship at the Bank of Colorado Arena on campus. I got an all access pass and had the chance to monitor the safety aspects that go into hosting such a large event. It was truly an amazing opportunity! Some other opportunities I had the chance to be included on were fire safety inspections, fire drills, asbestos and mold abatement, universal and hazardous waste management, trainings, meetings, events, emergency response, policy changes, procedure edits, animal control, calibrations, and many many more.

If you want an internship that will challenge you and allow you to experience everything that the environmental health field has to offer while working with some of the best mentors a student could ask for. The University of Northern Colorado is the internship that you should definitely apply for.