This fall I had the opportunity to work at Crop Production Services (CPS) as an Environmental Health, Safety and Security Intern in Loveland, CO. During my internship, I spent my time doing a variety of projects including writing Tailgate Topic Trainings, revising and updating the company compliance manual, inspections, training, and regulation compliance. I was able to work with a variety of people in the Environmental Health, Safety and Security department working on a variety of projects. This internship was full of great experiences and opportunities to learn. Through this internship I gained not only knowledge but a love for health and safety that has become a major part of my life.

I was able to work on a variety of projects keeping this internship interesting and fun. One of my favorite projects I completed while working at CPS was constructing my own lesson plan for Hazard Recognition that will be used for training at all CPS locations around the United States. I also completed the LJB Competent Person Fall Protection Training where I learned how to assess fall protection hazards and determine safe work practices for employees performing elevated work. Throughout my internship I completed Tailgate Topic Trainings that would be distributed to everyone in the company about health and safety issues and updates to regulations. I even worked on an instructional guide for the Department of Homeland Security CFATS Top Screen.

This is a great internship for anyone interested in health and safety. Not only do you get to work along great people but you also will learn a lot and earn experience in the health and safety field.